BLS pediatric cardiac arrest
– 2020 ECC guidelines, single rescuer

Check scene safety

- Unresponsive
- Shout for help
- Activate EMS

Breathing

- Monitor patient
- await help

No breathing

- Only gasping or no breathing
- no detectable pulse

Pulse present

- Give a breath every 2–3 seconds and
- check pulse every 2 minutes
- Start compressions if HR < 60/min
- with signs of poor perfusion
- Activate EMS if not already done

Witnessed collapse?

- Y: Activate EMS
- N: CPR

CPR
- 30:2 single rescuer
- 15:2 two rescuer
- Use AED as soon as it arrives
- After 2 minutes activate EMS &
- get AED if still alone

Shockable rhythm?

- Y: Give one shock
- Resume compressions immediately
- AED will analyze rhythm every
- 2 minutes and shock as indicated

- N: CPR
- Analyze the rhythm every 2
- minutes

Version control: This document follows 2020 American Heart Association® guidelines for CPR and ECC. American Heart Association® guidelines are updated every five years. If you are reading this page after December 2025, please contact support@acls.net for an update. Version 2023.07.a